

STAR Watch

Statewide Technology Assistance Resources Project

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Restore Previous Versions

More to like about Vista and Windows 7

Sooner or later there will come a time when the file that you need to access right this minute has been corrupted or gone missing. Wouldn't it be wonderful if you could simply right-click on the folder where the file should be and restore it? Well, if you have Windows 7 or Vista, you can – if your computer is properly configured.

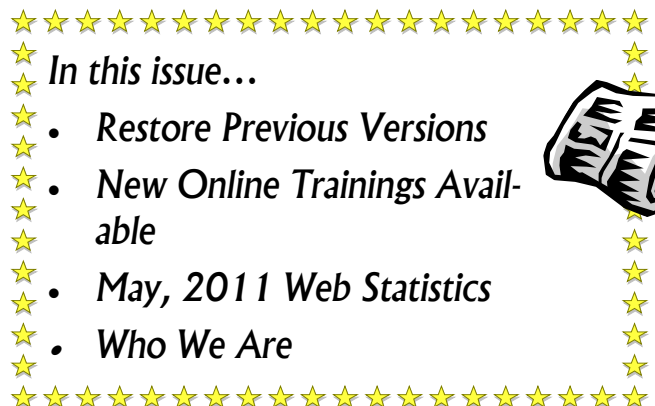
The feature is known as "Restore previous versions". It comes bundled with all versions of Vista and Windows 7 except the "Home" versions. The feature is enabled unless someone has deliberately turned it off. "Previous versions" are either copies of files and folders created by Windows Backup or copies of files and folders that Windows automatically saves as part of a restore point. You can use previous versions to restore files and folders that you accidentally modified or deleted, or that were damaged. Depending on the type of

file or folder, you can open, save to a different location, or restore a previous version.

The Previous Versions features is a part of the volume shadow copy service, which creates restore points to help roll back changes to your computer in the event of a problem. By default, shadow copy will save a copy of your files once a day, or when activated explicitly such as when installing an update or new program.

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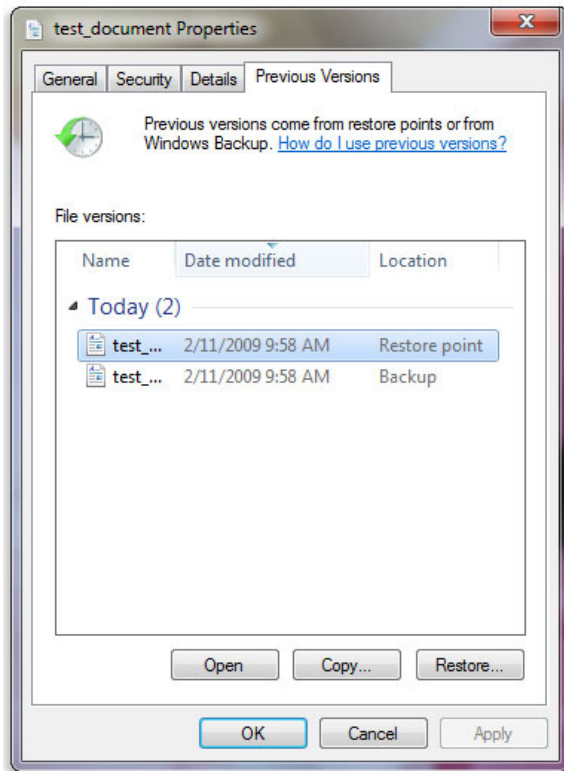




The Previous Versions feature was actually a new feature in Windows Vista, but was not directly available in the Home editions of Vista. However, the volume shadow copy service was still present, allowing even users of Home editions of Vista to access previous versions of their files. The default method is much simpler, so thankfully it is now included in every edition of Windows 7.

To restore a previous version of a file:

Right-click on the file (if it is present) or the folder and select **Restore previous versions**. A window will be displayed that contains a listing of the previous versions. It is similar to this screen:



If more than one version of the file is listed and you are not sure if it is the one needed, you can select one of the files and click the **Open** button to view the contents of the file. After you have decided which file version should be restored, click **Restore...** to replace the current version of the file with the one you selected. If you don't feel comfortable overwriting the current file, you may click **Copy...** to store the previous version of the file in a different location than the original.

A word of warning...

If you clicked **Restore...** to replace files or folders on your computer, the current version is replaced AND there is no way to go back to it (This function does not save the "current" version before it is replaced by the selected prior version). The only way back would be a restore of files/folders from a previous backup of your system – you back up your computer regularly, don't you? (You didn't? How unfortunate for you.)

So, how does this work?

A restore point is an image of your computer system (data and executable programs) as it existed at a given point in time. Restore points are automatically created by System Restore weekly and when System Restore detects the beginning of a change to your computer, such as when you install an operating system update, a new application or a driver. If you need to, you can create a restore point manually at any time.



Disk space on your computer's hard drive (s) is allocated to store the information collected in a restore point. The amount of space allocated to this task has a direct affect on the number of restore points that can be kept on the computer.

In addition to the full restore points created as described above, Windows automatically saves previous versions of files and folders that have been modified since the last restore point was made. Typically, restore points for individual files that have been modified are made once a day.

If there is a problem, you can use a restore point to return your computer's system files and/or data to the condition it was in at an earlier point in time. Sometimes, returning the computer to the most recent restore point does not fix the problem. If there are multiple restore points, it is possible to use earlier and earlier restore points until the computer is stable.

Restoring a single file that was corrupted or lost just takes advantage of a feature that was designed to do much more.

How can one tell if this feature is enabled?

It is very easy to determine if this feature is enabled or not. Right-click on a file or folder on your computer. If the menu that is displayed contains an option **Restore previous versions**, the feature is enabled. If not, someone disabled it.

To enable this feature, you must have Administrator privileges:

Go to **Start > Control Panel > System and Security > System Protection**.



On the screen that is displayed (example below), select **Restore system settings and previous versions of files**.

In the bottom half of the screen, allocate the amount of space to be used for this feature as a percentage of total space on the drive. Move the **Max Usage** slider to the right to increase the percentage of space for storing previous versions, or to the left to decrease the amount. Be sure that the percentage of space allocated to this feature is large enough to contain at least one complete copy of all of the files on the disk.





New Online Trainings Available

Two new trainings are available for viewing over the web by attorneys and staff. There is no charge for viewing this training.

To view these trainings...

- Go to this location:
<http://onlineresources.wnyc.net>
- On the left side of the screen, click on "Online Training"
- Click on the desired training; a registration form will be displayed
- Fill out the registration form; then click on "Submit form". A link to the presentation will be sent to the email address provided in the registration form

If you are an attorney and wish to receive CLE credit, you must fill out the course evaluation and attorney affirmation forms and mail it to the address on the form along with payment for processing of the CLE credit request. New York State Bar Association rules require that the forms be mailed. They cannot be submitted electronically.

If you are an attorney who is not licensed in New York State and want CLE credit, please check to see if your state allows New York State CLE credits to be applied to your state's CLE requirements.

Unemployment Insurance Hearings

An Unemployment Insurance Hearing is an informal trial held before an Administrative Law Judge in a hearing room. Based on the evidence presented at the hearing, the judge will decide whether or not the former employee

is entitled to unemployment insurance benefits.

This presentation will cover the following topics:

- Preparing the clients for a hearing before the ALJ
- The hearing: Format, evidence and procedure
- Appealing to the Unemployment Insurance Board

Date of original presentation: 04/15/2011

Presented by: **Hon. Marcella M. Seaburg-Brackett, Senior Administrative Law Judge**, New York Department of Labor Unemployment Insurance Appeal Board; **Hannah M. Nezezon, Esq.**, Monroe County Legal Assistance Center, an office of Legal Assistance of Western New York

Total viewing time: 1 hour 28 minutes

CLE credit: 0.5 Professional Practice, 1.0 Skills

Cost for viewing this training if CLE credit is requested: \$60.00 for Not-for-Profit Agencies; \$90.00 for Private Practice Attorneys. There is no charge for viewing this training unless CLE credit is requested. Attorneys located in or near Monroe County may receive CLE credit free of charge in exchange for a commitment to accept and complete one Volunteer Legal Services Project of Monroe County, Inc. pro bono case within one year. The fee will be refunded after the attorney completes a case and requests a refund.



Medical-Legal Partnership Summit

Medical-Legal Partnerships (MLPs) are an important option for addressing the legal issues that affect the overall health of low-income and vulnerable patients. In an MLP, health care staff — doctors, nurses, social workers, etc. — are trained to screen for health-related legal issues, refer the patient to an affiliated lawyer or legal services team as necessary, and work with the attorney to resolve problems that impact patient health.

MLPs provide proactive legal from within a health care setting. They assist patients with securing health care and other public benefits, address housing issues and family problems, and other concerns that can affect a patient's health, that are often more successfully remedied through legal means.

This presentation examines the role that MLPs can play in addressing the unmet legal needs that negatively affect health care patients.

Part 1:

Introduction and Meeting Objectives

Our Health—The Impact of Social Determinants: The Public Health Case Of Buffalo, New York

Medical-Legal Partnership Program Overview:

- What is a Medical-Legal Partnership? Why did Medical-Legal Partnerships start? How do Medical-Legal Partnerships improve health?
- How can Medical-Legal Partnerships work in Upstate NY? Successes in Syracuse, NY, Case examples
- The view from LegalHealth, Statewide MLPs, onsite partners, intake, referral, types and numbers of cases, communication, “medical champions”, social workers, Medicaid recovery, hospital

savings, impact on readmissions, improvements in clients' lives.

Policy Implications: MLP's Impacts on Community Health and Health Care Reform

Part 2:

Panel Discussion and questions from the audience: Opportunities, Challenges, Next Steps

Date of original presentation: 06/09/2011

Presenters: **Barry Zuckerman, M.D.**, Founder National Center for MLP, Chairman, Department of Pediatrics, Boston Medical Center, Joel and Barbara Alpert Professor of Pediatrics, Boston University School of Medicine, Professor of Pediatrics, Boston School of Medicine; **Steven Blatt, M.D.**, Faculty, Center for Children's Health Policy, Department of Pediatrics, SUNY Upstate Medical Center, Associate Professor (by courtesy of appointment), College of Law, Syracuse University; **Randy Retkin, Esq.**, Director, LegalHealth, New York Legal Assistance Group; **Kathleen Grimm, M.D.**, University Internal Medicine/Pediatrics, Adolescent Division of Women & Children's Hospital

Moderated by **Kim Diana Conolly, J.D., LL.M.**, Professor, University at Buffalo Law School

Total viewing time (Part 1 + Part2): 2 hours 52 minutes

CLE credit: 2.0 Skills (non-transitional). Part 1 and Part 2 of this presentation must be viewed in order to receive CLE credit.

Cost for viewing this training if CLE credit is requested: \$40.00; for paid 2011-2012 members of the UB Law Alumni Association, the charge is \$20.00. There is no charge for viewing this training unless CLE credit is requested.



WNYLC Web Statistics For May 2011

Total Hits.....489,219
 Number of Pages Viewed.....158,951
 Total Visitors.....67,131
 Average Hits/Day.....15,781
 Average Pages /Day.....5,127
 Top Web Browsers Used:
 Internet Explorer 8.x.....29%
 Internet Explorer 7.x.....31%
 Internet Explorer 6.x.....20%
 Firefox.....16%
 Google Chrome.....1%

Top Operating Systems Used:

Windows 7.....13%
 Windows Vista.....12%
 Windows XP.....40%
 Mac OS.....1%



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